

atha soorya namaskaara stotra praarambha:

om sooryavarchaa uvaacha ||

moordhanvannaamabhi: kaistu praNamadbhuvi bhaaskaram |
yeShaam paThana maatreNa sarva paapakShayobhavet || 1 ||

moordhanvaan uvaacha ||

pratyahaM bhaktiyogena ravivaare viSheshata:
saMpoojya vidhivad bhaanuM praNamecCha muhurmuhu: |
abhiShekaadhyathaa shaMbhu: alaMkaaraadhyathaa hari: ||

nivedanaatgaNaadhyakSho devaashcha haviraadibhi: kavyena
pitaroyadvattarpaNena maharShaya: |
stotra paaThaadyathaa shaktiraachaarya sevayaayathaa |
yathaiva tapasaa dharmasatyenaiva yathaa vidhi: |
arjenyaiva yathaagnistu RutvigdakShiNayaa yathaa |
namaskaarastathaa preeNaat aaditya: karmadaivata: |
poojayaamupachaaraaNaaM saMbhaaraaNaa mathaapivaa |
lopepi priyate bhaanurnamaskaarestu kevalam |
tasmaat sooryaarchane kuryaan namaskaaraan viSheshata: ||

soorya aatmaasya jagatastasthu Shashcheti vedata: |
jagaataamaatma bhootaaya sooryaaya mahate nama: || 1 ||

sooryaagni anyonya yogena saayaM praataryadaahuti: |
agniroopaaya sooryaaya brahma varchasvine nama: || 2 ||

aadityo vai teja oja ityaadi shrutiraasanaat |
ojase sarva bhootaanaaM sama: sooryaakhya tejase || 3 ||

aadityassatyamaadityo Ruksaama yajuraatmaka: |
braahmIsaiShaa traylvidyaa satya j~Jaanaatmane nama: || 4 ||

hiraNmayo aMtaraaditye prayashchaaya mitishrute: ||
aatmaaMtaraatma roopaaya namasteparamaatmane || 5 ||

tat cakShuritedena chakShosoorya iti shrute: |
chakShuriMdriya naathaaya chakShuse jagataaM nama: || 6 ||

rashmibhirchaabhiraaditya stapatyeSha divaakara: ||
taabhirvarShati parajanyastasmai vRuShTikRute nama: || 7 ||

adite garbha tokaaya udagaanma: atorNavaat ||
ravaye lohitaakShaaya namastasmai vipashchite || 8 ||

sarveShaamapi bhootaanaaM praaNaanaadaaya bhaaskara: ||
udyetastamayaM yaati tasmai praaNakRute nama: || 9 ||

haMsashshuchiShadityaadi shrute haMsaatmaaroopiNe ||
namo Rutaaya bRuhate tasmai vyomasade nama: ||
ghRuNi soorya aaditya ityaShTaakShara maMtrata: ||
soorya aaditya roopaaya ghRuNaye jyotiShe nama: || 10 ||

vishvanetra mahaabaaho vishvamaabhaasirochana: |
namastasmai taraNaye tasmai jyotiShkRute nama: || 11 ||

vasoonaamapi rudraaNaaM aadityaanaaM tvameeshvara: |
nama: sooryaaya bhootaanaaM pratyakShaaya namo nama: || 12 ||

iti ya: praNamedbhaanuM pratyakSha paradaivatam ||
sarvapaapa vishuddhaatmaa sarveShTaarthaM avaapnuyaat ||

iti sourapuraaNi soorya namaskaara stotraM saMpoorNam ||